



# THE CAMOGIE ASSOCIATION

An Cumann Camógaíochta

This document has been drafted by the National Coaching and Games Development Committee. This forms the basis of national policy and is effective as of March 20<sup>th</sup> 2014

✓ **Rule 33.10**

All games activities organised for all players aged U12 by all units of the Association must be:

- Child centred
  - Small sided games
  - Developmentally appropriate
  - Provide all players with meaningful playing time.
- ✓ Games in the Under 12 and younger age groups shall be organised on the basis of the 'Go Games' model, as approved by Central Council.
- ✓ Games in the Under 12 age groups shall be organised on a blitz and League basis, as approved by Central Council

## Defining Camogie Go Games

Go Games are small-sided versions of Camogie and Hurling which have been devised for children up to and including 12 years of age. The following are the key underpinning principles of Go Games:

- All participants play in the full game.
- Participant needs are catered for, where possible, on the basis of two year age cohorts i.e. U.8, U.10 & U.12 in a manner consistent with the ethos of Go Games.
- Activities are structured in a manner which optimises the level of fun, friendship, fair play and achievement derived by participants.
- Participants train and play in a safe, supportive and stimulating environment where they are encouraged to risk error, to learn and to derive maximum enjoyment from their involvement.
- Players master the basic skills of Camogie and Hurling and experience the sense of accomplishment, which derives from acquiring playing proficiency on the left and right hand side of the body.
- Everybody involved in Go Games, whether as players, parents/guardians, spectators, mentors, teachers, officials etc., should adhere to the key underpinning principles and give expression to the GAA 'Give Respect, Get Respect' initiative.

## Organising Go Games

Go Games may be organised on a blitz basis for u8, u10 and u12. A Go Games League maybe organised for u12 teams only. Go Games may be organised by a Club, county board or Primary School

## **1. Camogie Go Games**

(i) Games in the Under 12 and younger age groups shall be organised on the basis of the 'Go Games' model, as approved by Central Council.

### **Go Games Playing Rules**

The recommended Playing Rules for Go Games Camogie and Hurling are provided as an attachment in this correspondence. These are provided by way of best practice recommendations and can be adapted to meet localised needs.

### **Go Games Regulations**

The following Go Games Regulations shall apply:

- ✓ Go Games are subject to general rules of the Association.
- ✓ Full camogie gear to be worn for all matches (jersey/skorts or skirts /socks/helmet) shinguards are recommended especially for u8 and u10 players
- ✓ Teams shall be a maximum of 7-a-side at U.6& u7,at u8 8 a side, at u9, 9-a-side. 10 a side at u10 and 11-a-side at U.11 & 12 aside at u12 age levels.
- ✓ Participants may play up as the age criteria rule in the official guide allows. (28.4)
- ✓ At blitzes -No provision is made to publish scores, to play on a knock-out basis nor to include semi-finals, finals etc.
- ✓ At blitzes -No provision is made to present trophies, cups etc. Where certificates/medals are presented in lieu of participation, the same certificate/medal must be presented to every participant.

### **Organising Leagues at U.12**

- Leagues at U.12 age may be organised on a match or a blitz basis. Games may be organised Involving county boards, Clubs and Primary School on an internal (i.e. single unit) or external (i.e. multiple unit) basis.
- Teams should be a maximum of 12-a-side.
- Everybody involved in games at the in U.12, whether as players, parents/guardians, spectators, mentors, teachers, officials etc., should adhere to the key underpinning principles and give expression to the GAA 'Give Respect, Get Respect' initiative.

### **Playing Rules**

- The recommended Playing Rules for Leagues at U.12 are attached in this correspondence. These are provided by way of best practice recommendations.

### **Regulations**

- U.12 Leagues are subject to general rules of the Association.
- Full camogie gear to be worn for all matches (jersey/skorts or skirts /socks/helmet)
- Clubs must participate in at **least 3 cluster blitz's** at u12 level before being eligible to participate in the u12 league.
- **Leagues** -Provision may be made for semi-final and finals to take place, provided that participating teams have played a **minimum** of 4 league/qualifier games.
- Provision may be made for the presentation of medals, trophies/cups.
- The length of the playing field will be no longer than 105m long (20m line - 20m line).
- Unlimited substitutions may be made during a game to optimise participation.

**Counties are asked to consider running u13 autumn leagues after the u12 GO Games are complete to allow for players to experience transition from Go Games to full Camogie rules before they play competitively at u14 level.**