

# CARLOW CAMOGIE

## GOAL KEEPING WORK PROGRAMME 2015

The first ever Carlow Camogie Goalkeeping Workshop Programme  
led by Development Officer Ger Power commences on

Date: Saturday, January 24<sup>th</sup>, 2015

Venue: Carlow GAA Training Centre, Fenagh

Time: 12 noon

This workshop programme will run over six sessions.  
It is open to all club and county players from Under 14 to Senior  
who play or have an interest in playing in goal in the year ahead.

The aim of the workshop is to provide goalkeepers with ideas  
for improving their skills in clearing the ball effectively  
and marshalling their defence.

The cost per club will be 20euro whether  
you have one participant or more. Cheque made  
payable to Carlow Camogie Board.



Name of participants for the programme can be submitted to  
[secretary.carlow.camogie@gaa.ie](mailto:secretary.carlow.camogie@gaa.ie) by Wednesday, January 21<sup>st</sup> 2015.

FOR FURTHER INFORMATION CONTACT

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