Player Welfare & Inclusion







INJURY PREVENTION PROGRAMME



TARGET AUDIENCE: Available to all clubs.



OBJECTIVE: Provide knowledge and awareness to players and coaches around the most common injuries sustained on the pitch and to provide a programme to help reduce the risk of injuries occurring.



SUITABLE FOR:

All coaches and players



LINK: https://camogie.ie/playerinformation/player-welfare/injuryprevention-programme/

PLAYER WELFARE PODCAST



TARGET AUDIENCE: Players, parents, and coaches



OBJECTIVE: The Tesco Player Welfare Podcast Series aims to provide guidance, advice, and practical tips for those involved with youth players



SUITABLE FOR: All players, parents, and coaches



LINK: https://camogie.ie/playerinformation/player-welfare/the-tesco-

PLAYER WELFARE BOOKLET VOL 1 & 2

TARGET AUDIENCE: Q Available to all clubs.

> **OBJECTIVE:** The Player Welfare Booklets are jam

packed with useful resources and information for players, coaches, parents, and guardians.

SUITABLE FOR: All



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LINK: https://camogie.ie/playerinformation/player-welfare/playerwelfare-booklet/

https://camogie.ie/player-information/ player-welfare/player-welfare-bookletvolume-2-2022/

PLAYER HEALTH CHECK PROGRAMME

TARGET AUDIENCE: Q Available to all



OBJECTIVE: This series of videos is in place to help educate players on important topics that relate to health, wellbeing and performance and is supported by the Intercounty Government Grant Scheme.

SUITABLE FOR: All

LINK: https://camogie.ie/player-R information/player-welfare/playerhealth-check-programme/

CONCUSSION GUIDELINES



OBJECTIVE: Provide information on Concussion including documents on **Concussion Guidelines and Concussion** Management Guidelines



ANTI-DOPING



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PLAYER WELFA

TARGET AUDIENCE: Available to all clubs.



OBJECTIVE: Provide information on Anti-Doping and how to ensure players and support personnel are compliant with all areas regarding Anti-Doping



LINK: https://camogie.ie/playerinformation/anti-doping/

SUITABLE FOR:

INCLUSION

All



OBJECTIVE:

Camogie Association welcomes all members of the community. Here you will find our Disability Inclusion Policy as well as Supporting Organisations



SUITABLE FOR: All Clubs

LINK: https://camogie.ie/development/ inclusion/

PLAYER INFORMATION

Registration



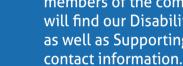
TARGET AUDIENCE: Available to all clubs.



OBJECTIVE: Membership System Foireann is described on this page. There are significant support materials available to help with Foireann. Included are documents describing how to complete all the main tasks, with screenshots as appropriate. There are also many videos which run through the tasks.



SUITABLE FOR: All clubs



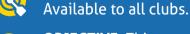
player-welfare-podcast-series/

SELF-CARE SERIES

TARGET AUDIENCE:

OBJECTIVE: This





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webinar series aims to explore important topics around Self



Care and to encourage our members to prioritise their health and wellbeing



SUITABLE FOR:



LINK: https://camogie.ie/playerinformation/player-welfare/self-carewebinar-series/





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LINK: https://camogie.ie/playerinformation/player-welfare/ concussion-guidelines/





LINK: https://camogie.ie/playerinformation/registration/

Insurance



TARGET AUDIENCE: Available to all clubs.



OBJECTIVE: Personal Injury Cover is detailed here which includes linking to the Camogie Association Rule Book where the obligations relating to injury cover are detailed.

SUITABLE FOR: All clubs



LINK: https://camogie.ie/playerinformation/insurance/